



WCIM 2018

34th World Congress of Internal Medicine
Cape Town, South Africa

18th - 21st October 2018

www.wcim2018.com

•193 speakers •more than 80 countries participating,
•to be held at Cape Town International Convention Centre



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Dear Colleagues

It is with great anticipation that we present you with this invitation to the 34th World Congress of Internal Medicine for 2018. This meeting will be held in the beautiful city of Cape Town in South Africa at the International Convention Centre from 18 to 21 October 2018.

All aspects of Internal Medicine will be covered during parallel sessions presented by an exciting faculty drawn from experts across the international community. The aim of the meeting is to provide an excellent academic program for the general physician but of a standard that the specialty groups such as Rheumatologists, Cardiologists, Pulmonologists and so on would also benefit.

We plan to have posters from investigators in clinical as well as research areas and "Meet the expert" sessions where we will encourage interactive discussions using interesting case studies to illustrate clinical challenges. We will endeavour to present state of the art symposia with updates on recent guidelines and developments across the spectrum of Internal Medicine. Cape Town offers the visitor an array of tourist attractions and sporting possibilities for the adventurous. You are spoilt for choice between the sea, mountains, rivers and wine routes as well as amazing shopping experiences once the academic program is completed.

South Africa has many direct flights from across the globe so we can ensure you arrive with the minimum inconvenience to enjoy your visit. We will be reserving hotels within walking distance of the Cape Town International Convention Centre where the congress will be held. This is a world class convention centre offering superb audio-visual support, lecture halls and breakout rooms to accommodate all a variety of needs. It is close to the Waterfront, a major tourist attraction with many restaurants and shopping malls to cater for all your needs. We believe you will never forget this amazing experience and we invite you to reserve the dates, ensure you plan for early registration and we look forward to hosting you in our beautiful country.

Yours sincerely

HOT TOPICS

Endocrinology

- Diabetes
- Thyroid
- Adrenal
- Pituitary Adenoma
- Acromegaly
- Men's Health
- Women's Health

Physicians' wellness

Nephrology

Critical Care

- Ventilation
- Sepsis
- Antibiotics and Antifungals
- HAP/VAP
- Fluids / Blood / Albumin
- Monitoring in ICU
- Rehabilitation / Physio
- Sedation / Pain Management and Sleep
- The Neuro Patient in Critical Care

Cardiovascular Disease/ HT

- Acute Coronary Syndrome
- Heart Failure
- Cardiomyopathy
- Hypertension
- Arrhythmias / AF / DOAC's
- Ischaemic Heart Disease
- Pulmonary HT
- VTE / PED
- Lipids

Ethics

Comprehensive Symposia

Neurology

- Multiple Sclerosis
- Neuropathies
- Migraine and Chronic Headache Syndromes
- Stroke and TIA
- Muscle Diseases
- Dementia and the Confusional States
- Traumatic Brain Injury
- Epilepsy
- Meningitis/ Encephalitis / Guillain Barre Syndrome

Pulmonology

- Asthma
- COPD
- Asthma / COPD Overlap Syndrome
- Interstitial Lung Disease
- Pleural Effusions / Empyema
- Lung Cancers
- HIV and TB
- Approach to Chest Pain Symposium
- Occupational Lung Disease
- Allergies / Eosinophilic Lung Syndromes
- Sarcoidosis

Geriatrics

Rheumatology / Immunology

Gastroenterology and Hepatology

- GIT
- Liver
- Pancreas

Radiology & Imaging

TRACK 1	TRACK 2	TRACK 3	TRACK 4	TRACK 5	TRACK 6	TRACK 7	TRACK 8	TRACK 9
CARDIOVASCULAR	ENDOCRINOLOGY	NEUROLOGY/ GERIATRICS	CRITICAL CARE/ ANTIBIOTICS	NEPHROLOGY/ HYPERTENSION	GASTROENTEROLOGY/ HEPATOLOGY	PULMONOLOGY/ MICROBIOLOGY/ RESPIRATORY	RHEUMATOLOGY/PAIN/ IMMUNOLOGY	GENERAL TOPICS/ MEDICAL EDUCATION ISIM/ ACP COMBINED SESSION

Preliminary Program

Thursday: 18 October 2018

TIME	SESSION
Morning	Concurrent Sessions
08:15 - 10:15	Track 1 - Primary and secondary prevention of cardiovascular disease
08:00 - 10:00	Track 2 - Metabolic syndrome and pre-diabetes
08:30 - 10: 30	Track 3 - Chronic pain syndromes
08:00 - 10:00	Track 4 - Ventilation
08:15 - 10:15	Track 5 - Acute kidney injury
08:15 - 10:15	Track 6 - Peptic ulcer disease / gord
08:30 - 10:30	Track 7 - Tuberculosis and HIV/Aids
08:30 - 10:30	Track 8 - Emergencies in Rheumatology
08:15 - 10:15	Track 9 - Men's health
10:00 - 11:00	15 - 30 MIN TEA BREAK
Morning / Afternoon	Concurrent Sessions
10:45 - 12:15	Track 1 - Heart failure
10:30 - 12:30	Track 2 - Obesity
11:00 - 12:45	Track 3 - Keeping the aging patient fit and safe
10:30 - 12:00	Track 4 - ARDS
10:45 - 12:15	Track 5 - Hypertension update
10:45 - 12:15	Track 6 - Liver disease and cirrhosis
11:00 - 12:30	Track 7 - Antibiotics
11:00 - 12:30	Track 8 - Pain and pain management
10:45 - 12:15	Track 9 - Women's health
Lunch Symposia / Plenary Sessions	Concurrent Sessions
12:15 - 14:15	Track 1 - John Mc Murray on newer therapies for heart failure: practical tips and case discussions
12:45 - 14:45	Track 3 - Managing difficult headache syndromes
12:00 - 14:00	Track 4 - 1. Luciano Gattinoni: Ventilating the difficult patient; obese, COPD, asthmatic - case discussions 2. Jean-Louis Vincent: The ICU of the future
12:15 - 14:15	Track 5 - 1. Neil Poulter: Managing the difficult to control, hypertensive 4 agents and counting - case discussions 2. Bryan Williams: The choice of antihypertensive in patient with co-morbidities, elderly patients - case discussions
12:15 - 14:15	Track 6 - 1. Pere Gines: Biomarkers in liver disease: How do we use these intelligently? - case discussions; discussions and new data 2. Hannelie Yke-Harvinen: Medical management of NAFLD - case
12:30 - 14:15	Track 7 - Matteo Basetti
12:15 - 14:30	Track 9 - Martin Schwellnus
12:15 - 14:45	LUNCH
Afternoon	Concurrent Sessions
14:15 - 16:00	Track 1 - Arrhythmias
14:30 - 16:15	Track 2 - Adrenal and other endocrine disorders
14:45 - 16:15	Track 3 - Headaches: physiology, management and imaging
14:00 - 16:00	Track 4 - Haemodynamics, fluids, inotropes
14:15 - 16:15	Track 5 - Glomerulonephritis and stone disease
14:15 - 16:15	Track 6 - The colon and small bowel disease
14:15 - 16:15	Track 7 - Vaccination and immunology
14:15 - 16:15	Track 8 - Back pain
14:30 - 16:15	Track 9 - Rehabilitation
16:00 - 16:30	15 - 30 MIN TEA BREAK
16:30 - 18:00	OPENING CEREMONY

Friday: 19 October 2018

TIME	SESSION
Morning	Concurrent Sessions
08:15 - 10:15	Track 1 - Acute coronary syndromes
08:00 - 10:00	Track 2 - Diabetes Mellitus management
08:30 - 10:30	Track 3 - Infectious and the older person
08:15 - 10:15	Track 4 - Sedation and pain control
08:15 - 10:15	Track 5 - Chronic kidney disease
08:15 - 10:15	Track 6 - Inflammatory bowel disease
08:30 - 10:30	Track 7 - COPD
08:30 - 10:30	Track 8 - Gout
08:30 - 10:30	Track 9 - Panel discussion: educating a general physician
10:00 - 11:00	15 - 30 MIN TEA BREAK
Morning / Afternoon	Concurrent Sessions
10:45 - 12:15	Track 1 - Thrombosis
10:30 - 12:30	Track 2 - Diabetes Mellitus acute complications
11:00 - 12:45	Track 3 - Osteoporosis and other challenges in the elderly
10:45 - 12:15	Track 4 - Organ dysfunction
10:45 - 12:15	Track 5 - Renal failure: clinical settings of interest
10:45 - 12:15	Track 6 - The gut microbiome
10:45 - 12:30	Track 7 - Bronchiectasis
10:45 - 12:30	Track 8 - Osteoporosis
10:45 - 12:30	Track 9 - Pregnancy
Lunch Symposia / Plenary Sessions	Concurrent Sessions
12:30 - 13:30	Track 1 - Salim Yusuf: The landmark trails that changed CVD
13:00 - 13:45	Track 2 - Andrew Boulton: Rational management of the diabetic foot
13:15 - 14:00	Track 3 - David Kendler: Vitamin D and calcium metabolism: the science in 2018
12:15 - 14:45	LUNCH
Afternoon	Concurrent Sessions
14:15 - 16:00	Track 1 - Cardiomyopathy
14:30 - 16:30	Track 2 - Diabetes Mellitus chronic complications
14:45 - 16:45	Track 3 - Stroke
13:45 - 15:15	Track 4 - Critical care in 2018
13:45 - 15:15	Track 5 - Management of complications in CRRT
14:15 - 16:15	Track 6 - The pancreas
14:00 - 15:30	Track 7 - Interstitial lung disease
14:00 - 15:30	Track 8 - Rheumatoid Arthritis 1
14:00 - 15:30	Track 9 - Pregnancy (continued)
15:15 - 17:00	15 - 30 MIN TEA BREAK
Afternoon	Concurrent Sessions
16:30 - 18:00	Track 1 - Peripheral Vascular Disease
17:00 - 18:00	Track 2 - Diabetes Mellitus challenging scenarios
17:00 - 18:00	Track 3 - Multiple sclerosis and Gullain Barre syndrome
15:45 - 17:45	Track 4 - Challenges in critical care
15:45 - 17:45	Track 5 - CV disease and renal function
16:45 - 17:45	Track 6 - Nutrition
16:00 - 18:00	Track 7 - Pleural disease
16:00 - 18:00	Track 8 - Rheumatoid Arthritis 2
16:00 - 18:00	Track 9 - Palliative care and the end-of-life decisions